

COBURG BASKETBALL ASSOCIATION INC.
Association Registration Number A0004336V
ABN 60 133 828 721

SENIOR DOMESTIC COMPETITION RULES

***IGNORANCE OF THE COMPETITION RULES WILL NOT
BE CONSIDERED AS ACCEPTABLE GROUNDS FOR
APPEAL***

**All contact re Senior Domestic Competition must be
made using email only to**

coburgdomesticcom@gmail.com

**Coburg Basketball Association website:
www.coburgbasketball.com.au**

Table of Contents

PLAYER CODE OF CONDUCT	3
CODE OF CONDUCT POLICY	3
SIN BIN RULING	3
CANCELLATION OF GAMES	3
GAME QUALIFICATIONS	3
QUALIFICATION LISTS	3
MEDICAL CERTIFICATES	3
HEAT POLICY	4
INFECTIOUS DISEASE AND SAFETY PROCEDURE	4
INJURIES	4
INSURANCE	4
JEWELLERY/WRISTBANDS	4
MINIMUM AGE	4
MEDICAL CONDITIONS	4
PREGNANCY GUIDELINES	4
PROTESTS AND COMPLAINTS	5
REGISTRATION FORMS/ TEAM LISTS	5
REGISTRATION FORMS	5
TEAM LISTS	5
REGISTRATION FEES	5
SCORESHEETS	ERROR! BOOKMARK NOT DEFINED.
FIXTURES	5
TEAM WITHDRAWAL	5
TIMING RULES	5
UNIFORM RULES	6
SINGLET HIRE	6
WALKOVERS/FORFEITING GAME	6
WALKOVER COSTS	6
PLAYERS CODE OF CONDUCT -- EXPLAINED	7

Player Code of Conduct

Find a copy of the code of conduct on the last page

Code of Conduct Policy

This policy was approved for immediate action at the board of management meeting held on December 17, 2012

1 st Warning	An email will be sent to the relevant team contact by the competitions administrator advising them of the situation, and noting that this is the 1 st Warning for the team/ player(s). Information to be provided to the contact to support the action taken by the association.
2 nd Warning	An email will be sent to the relevant contact by the competitions administrator advising them of the situation, and noting that this is the 2 nd Warning for the team/player(s). Information to be provided to the contact to support the action taken by the association.
3 rd Action	An email will be sent by the competitions administrator to the relevant team contact, advising them that they have been ejected from the competition immediately for a period of 12 months.

Note: The administrator will act on information received by supervisors, opposition teams and spectators. This action has been taken to further enhance the competition at Coburg Stadium.

PLEASE NOTE THAT BAD BEHAVIOUR/ SPORTSMANSHIP CAN & WILL RESULT IN A PLAYER BEING REPORTED AND GOING TO TRIBUNAL

Sin Bin Ruling

If a player receives a technical foul they are **NOT** permitted to take the court and play for 10 minutes. Half time is not counted; it is 10 minutes of playing time.

2 Technical fouls received by one player will result in **AUTOMATIC EJECTION** from the stadium

Cancellation of Games

Where games have been cancelled due to extenuating circumstances eg power failure affected teams will all be awarded 2 premiership points; teams having a bye will still receive three premiership points.

Game Qualifications

- Players must play in at least half of the number of fixtured games (including byes), plus one to qualify for finals.
- For odd number of fixtured games, half of the total plus one will be required (e.g. 17 fixtured games, including byes = 9 games to qualify.)
- All players must sign the back of the score sheet as per player specimen signature if the game is to be counted towards finals qualification
- Full name to be written on front and back of score sheet
- **NO SIGNATURE – NO QUALIFICATION**

Qualification Lists

Teams will be emailed with qualified player lists at the end the season. A week prior to the last game of the season lists will be emailed and handed to each team, any queries must be received within 7 days of distribution date.

Medical Certificates

To gain qualification for games missed (be it one or several) the following action must be taken by the individual.

A MEDICAL CERTIFICATE or STATUTORY DECLARATION with supporting documentation must be placed in the pigeonhole marked Senior Domestic Competition

THIS ACTION MUST BE COMPLETED within 14 days of the dated certificate

Heat Policy

Games will be called off when the inside temperature reaches **38 degrees**, by the **appointed supervisor**

When the court temperature reaches **30 degrees**, the **appointed supervisor** must consider implementing reduced timing rules.

- A compulsory time out of 1 minute in each half

Where the court temperature reaches **35 degrees** the **appointed supervisor** must implement the following timing rules:

- Two 18 minute halves, a compulsory time out to be called by the referee close to the 9 minute mark in each half, with the clock stopping for 2 minutes
- Two time outs per team per half
- No time outs allowed in the last minute of the first half and the last 3 minute in the second half.
- The clock only stops for compulsory time outs.

Infectious Disease and Safety Procedure

- If a basketball has blood on it, it **MUST NOT** continue be used.
- A player who is bleeding will be removed from the court immediately and may not enter the court until bleeding stopped and/or wound covered.
- A uniform with blood on it **MUST** be replaced immediately with a makeshift top or shorts. This will not incur a penalty

Injuries

- If a player is injured within the course of a match, this injury must be reported to the SSV venue manager to enable them to complete the required Incident Report.
- Failure to do this could jeopardize any claims lodged with the insurance company

Insurance

- If a player's name is not clearly printed in **FULL** on the score-sheet, any Insurance claim will be deemed null and void.

Jewellery/Wristbands

- All jewellery **MUST** be removed prior to the player taking the court.
- Wedding bands must be taped

Minimum Age

A player must be a minimum of 16 years old at the beginning of the season, with an exception of 15 if a parent of the player is also playing in the same team

Medical Conditions

Medical condition(s) of players to be monitored by the individual teams

Pregnancy guidelines

(These are found on the Basketball Victoria website)

- 4.1 Basketball Victoria and its affiliated associations must not prevent a woman known to be pregnant from participating in basketball only because of the pregnancy unless it is clear that the woman or her unborn child are at risk to their health.
- 4.2 Basketball Victoria and its affiliated associations must make widely known to all women the following policy of Basketball Victoria:
- For the health and safety of pregnant players and the developing embryo and in the best interests of sportsmanship given the physical nature of the game of basketball, Basketball Victoria has developed the following policy with regard to pregnancy.
 - Basketball is a physical, contact sport and one which requires a high level of exertion in competition and training;
 - Each player accepts that there are certain risks inherent in playing the sport of basketball especially at the level and intensity of Basketball Victoria competitive matches and training;

- Basketball Victoria would prefer that a pregnant player did not compete in matches and if such player trained, then trained in a manner appropriate to her pregnancy;
- Basketball Victoria's preference is based on what it perceives to be the development of the embryo and possible risks during pregnancy;
- Basketball Victoria would request a player who is pregnant to seek medical opinion and advice as to her level of involvement in playing and training.
- Any player who is pregnant must make and rely on her own decision whether to play and train and in making that decision, is to take into account Basketball Victoria's preference that she does not play and any medical advice she has received.

Protests/Complaints/Incidents

Administration

All protests or complaints must be lodged in writing to the administration Email: coburgdomesticcom@gmail.com within 48 hours of the incident, from team contact only

Registration Forms/ Team Lists

Registration Forms

To be handed to administration on the last fixtured round of the season. Emails will be sent advising teams of dates & times

Team Lists

Must be handed to administration by round 1 of the fixtured season, teams that do not hand in a completed team sheet will not be covered by Basketball Victoria Insurance

Registration Fees

Must be paid in full by round 1

Score sheets

Both teams are responsible for legibly and accurately completing the score sheet with all necessary details; to include:

- Name of team front and back of score sheet
- Names of players (Family name and given name) on front and back of score sheet
- Players names may be added to the score sheet at any stage of the game, and must be done before the player takes the court
- NO PLAYER IS TO TAKE THE COURT UNTIL NAMED ON THE SCORESHEET (Referee to enforce)

It is the team(s) responsibility to provide a competent scorer for each game; no scorer will incur a loss of 5 game points

Fixtures

All fixtures to be finalized by round 3. If any team withdraws fixtures will be changed for convenience of all concerned.

Team Withdrawal

Withdrawal after grading has been completed will forfeit their registration

Team bond will be refunded after all walkover fines and registration has been paid

TEAM WITHDRAWALS TO BE NOTIFIED TO THE ADMINISTRATION

TIMING RULES

45 MINUTE GAME - (For all fixtured games where applicable) Two 20 minute halves, two time-outs each half, no time-outs in the last minute of the first half or the last two minutes of the second half. The clock does not stop.

50 MINUTE GAME - Two 20 minute halves, two time-outs each half, no time-outs in the last minute of the first half. The clock will stop only in the last 3 minutes of the second half, for time-outs, substitutions and foul shots.

60 MINUTE GAME - (For all Finals) Clock stops for all time-outs in both halves. Clock stops for

all whistles in the last minute of the first half and all whistles during the last 3 minutes of the second half. Two (one minute) time-outs per team, per half. 3 Minutes allowed for half-time.

UNIFORM RULES

Please make every attempt to provide your team with an alternative singlet to avoid colour clashes.

Teams that are not in correct uniform will give 5 point per player penalty for all players out of uniform, to the opposing team, as of **round 1 of the fixtured season**.

Singlets must be of the same basic colour; markings or panels that substantially alter the appearance of the uniform will not be permitted.

All numbers must be the same colour & size, contrasting to the singlet and be clearly visible both front and back of singlet.

LEGAL NUMBERS are 4-15, 20-25, 30-35, 40-45, 50-55

Duplicate numbers are not permitted

Taped numbers and 00 is permitted as an emergency only to avoid a number clash

T-shirts the same basic colour as the singlet may be worn as an undergarment

Shorts Must not have pockets

Correct coloured basketball shorts must be worn, no other shorts or undergarments will be accepted.

A written application can be made to the administration by email re exemption to the above ruling ie for skins,

Players will **not be permitted** to take the court with fingernails visible above the level of the fingers.

SINGLET HIRE

Singlets are available for hire from the stadium. A deposit is required. First named team is required to change their singlet in the event of a colour clash

Costs:	Deposit	Refund
Colour Clash	\$10 per set	\$10
No Uniform	\$15 per set	\$10
	\$5 single	\$2

WALKOVERS/FORFEITING GAME

ALL WALKOVERS MUST BE NOTIFIED TO ADMINISTRATOR

Email : coburgdomesticcom@gmail.com

Walkover Costs

48 Hour notification	\$45
24 hour notification	\$55
On the day Notification	\$90
No Notification	\$90

- Domestic teams must have four (4) players on the court before the game can commence
- Teams with insufficient players, when the game clock commences, will be penalized one point per minute or part thereof
- A walkover occurs when a team cannot field sufficient players within a ten minute start of the game clock.
- Where a walkover occurs the penalty will be a loss awarded against offending team. The result will be 20 – 0 win, loss.
- Late points have to be added at half time.

PLAYERS CODE OF CONDUCT --- explained

1. Understand and play by the rules.

Understanding and playing by the rules is your responsibility. The rules exist for the safety, proper order and enjoyment of all people involved in basketball. The lessons to be learned in this respect in basketball are lessons that can and should be carried over into all aspects of your lives. Do not ignore or deliberately break any rules. Even if you think that a deliberate foul may give your team an advantage, you should not commit the deliberate foul in the interests of fair play. If you do consistently commit deliberate fouls or break the rules you must accept that there will be consequences for you and your team. Do not let yourself or your team down.

2. Respect referees and other officials.

Referees and officials have a difficult task to perform and you could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, have your coach, captain or manager approach the referee during a break or after the game, in an appropriate manner.

3. Control your temper.

Verbal abuse of officials is a serious offence against the rules of basketball. Verbally abusing other players or deliberately distracting or provoking an opponent are also not acceptable or permitted in basketball. Loss of temper is not only unpleasant for other participants in the game; it can also distract you and have an adverse effect on your concentration and effectiveness on the court.

4. Work equally hard for yourself and for your team.

You owe it to yourself and others involved in your team to train and play to the best of your abilities. Your team's performance will benefit -- so will you. If you are half-hearted about your involvement in the sport you will become dissatisfied and lose out on the much of the enjoyment and satisfaction you can derive from giving it your best.

5. Be a good sport.

Acknowledge all good plays whether they be by your team or the other team. Good manners and respect can be infectious. Everyone likes to be praised when they do something well. If you acknowledge the achievements of your opponents it is likely they will follow suit. Part of participation in sport is respect for all participants in the game. Your opponents are entitled to proper courtesy. Always introduce yourself to your opponents on court, congratulate them whether you win or lose and accept a loss gracefully. Remember that the opposition coach is there trying to do the best for their team and is also entitled to respect.

6. Treat all players as you would like to be treated.

Do not interfere with, bully or take unfair advantage of another player. Just because one of your team cannot perform as well as you do does not mean that they are not trying. Everyone makes mistakes. Do not abuse or ridicule another player when a mistake is made. Constructive guidance and encouragement when a player does well will assist a player to improve their game.

7. Play for the "enjoyment of it" and not just to please parents and coaches.

Playing sport, including basketball, should be fun. This doesn't mean that you shouldn't take it seriously, just that at the same time you should enjoy it. If you enjoy an activity you will perform much better and derive far more benefit from it than if it is an unpleasant experience. You may experience pressure from your coach and parents and others to perform outside of your capability or desires. Whilst this can be a positive and their way of showing you support in your activities, you should resist it where it no longer is enjoyable.

8. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory. Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

9. Be prepared to lose sometimes.

Everyone wins and loses at some time. Be a fair winner and a good loser.

Disappointment at losing is natural, but it should not be obvious to the point of being unpleasant for others. Just as unpleasant can be the boastful winner. Recognise that even in defeat, the loser has achieved something, just by playing. Not everything in life can be a winning situation. Losing can be an important learning experience for your wider life goals.

10. Listen to the advice of your coach and try to apply it at practice and in games.

Your coach has been appointed to coach your team because they have certain abilities and experience. They have also undergone training to ensure that you get the best coach that you can commensurate with your skill levels. Apart from skills training, your coach can provide you with helpful advice on all aspects of playing basketball. Make the most of the opportunity provided to you to work with your coach to have a happy and successful experience in basketball.

11. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not engage in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.